

HUM 3351: Visual Arts in Medicine

Class #20762 // Section 11CE

Class time: Monday, Period 9-11 / 4:05-7:05pm / Location: LIT 0219

Instructor: Molly Kempson, Adjunct Faculty; E-mail: mollykempson@ufl.edu (843) 834 3790

Office Hours: Monday, 7:05-8:05pm or by appointment

Description:

This course explores the links between creativity and health, focusing on the many ways that visual arts practices can be used to support health and wellness in healthcare and community settings. It includes studio workshops, lecture/discussion, video viewing, readings/literature research, group project work, and hands-on experiences and instruction on facilitating art experiences with a wide variety of materials and processes. The course will differentiate studio practice in arts in health and art therapy. This course is appropriate for students of the arts and/or of health related fields who are interested in and comfortable with movement. Instructor approval is required for registration.

Objectives:

1. Students will become acquainted with the ways in which the visual arts have been used historically to enhance health and healing as a context for the contemporary theory and practice of arts in healthcare. *Students will have access to this information through class lecture and discussion, group research, and consulting listed resources.*
2. Students will identify the basic knowledge and skills necessary to function as an artist in a healthcare or community setting, including gaining/strengthening/maintaining personal creative process; discovering ways to engage participants in their own creative processes; and use this knowledge and skills to facilitate art-making experiences with others. *Students will develop, facilitate, share, and engage in art activities during class time, contribute to a class-created art activity database, and develop a personal art portfolio.*
3. Students will become familiar with visual arts programs and practices designed to enhance health through direct observation and research. *Students will view films, read assigned literature, and will participate in class sessions and on-site observations.*
4. Students will develop critical research and thinking skills. *Students will evaluate literature in the field to develop a literature review and reflect and review feedback on student-facilitated art experiences in class.*
5. Students will illustrate effective communication in verbal and written form. *Students will participate in in-class discussions on readings, provide peer feedback on student-facilitated*

art experiences, provide verbal and written evaluations of case studies in the field, and develop an art database with clear steps for specific processes.

Assignments and Evaluation:

Total Points: 100

Practice Presentation and Literature Review – 20 points (20% of grade)

Visual Arts Facilitation – 30 points (30% of grade)

Art Activity Database - 10 points (10% of grade)

Visual Arts in Public Health Presentation - 10 points (10% of grade)

Portfolio/Art Exhibition – 10 points (10% of grade)

Participation (peer feedback, discussion, attendance) - 20 points (20% of grade)

Major Assignments:

Participation (20 points):

Participation will be assessed each class period. Students are expected to be on time, prepared, and engaged in class art activities and discussions.

Practice Presentation and Literature Review (20 points):

You will research a contemporary practice or program of your choice related to visual arts and health after becoming familiar with existing literature and programs in the field. Students are encouraged to investigate programs that speak to their personal creative practices and/or populations of interest.

Visual Arts Facilitation (Group Project) (30 pts):

With a partner, you will develop an art experience suitable for a group workshop and lead the class through it. The experience should demonstrate your skills as facilitators and include some kind of formative and summative self-assessment from participants. You will have one hour to facilitate your exercise, walking the class through set-up and clean-up procedures as well as introducing and leading the activity - time and media management should be demonstrated. Students are encouraged to develop an activity accessible to all skill levels that can be adapted for different environments and populations.

Visual Arts in Public Health Presentation (10 points):

Each student will present one or two practices in which artists and arts organizations address public health issues through visual arts. Each presentation will be 10-15 minutes and can either be in PowerPoint form or a screen-shared

walkthrough of the resource if it contains videos or is particularly image-heavy.

Art Activity Database (10 points):

You will gather ideas for 5 visual arts activities appropriate for a group setting and organize them into an “art menu” that outlines the following for each exercise: a) Brief description of the exercise; b) Space, resource, and material requirements; c) A wide range of sample images using the materials/processes introduced. At the end of the course, the class will combine these menus to create a database available to the whole course.

Digital Portfolio (10 points):

At the end of the semester, students will collect and title the work they have created (through the Visual Arts Facilitation presentations and in-class assignments) into a digital portfolio. Students will develop artist’s statements as well as skills in art curation through this process.

Course and University Policies and Resources:

Attendance: *Attendance is mandatory.* This is a highly experiential course, and the only way you can acquire the information and gain the practical experience is to be present at the class or on-site session. There will be no way to make up work missed in class. Excused absences are consistent with university policies in the undergraduate catalog (<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>) and require appropriate documentation.

Communication: It is the student’s responsibility to contact an instructor promptly concerning any missed work, upcoming absences, clarification for assignments, etc. Please do not let any questions or concerns you have go unattended. I will respond to email inquiries within 48 hours.

Spontaneity: Due to the experiential nature of this course, the instructors retain the right to alter the syllabus as needed to accommodate class pace, interests, and/or special opportunities that may arise.

Respect: In order for all to have a positive experience in this course, we must all demonstrate respect for each other and the people involved in site observations. When possible, cameras should be turned on during Zoom meetings.

Due Dates and Submission of Late Work: Late work will only be accepted in the event of an excused absence or with prior permission from the instructor, and only within five days of the deadline. Requests for make-up tests, assignment presentations, or acceptance of late written assignments must be accompanied by documentation of extenuating circumstances.

Students with Disabilities: Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/>) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Office of Academic Support: Tutoring, workshops and other activities are offered by the OAS. <https://oas.aa.ufl.edu/>

Academic Honesty: UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor.

University Counseling Services

Contact information:

Counseling Center

Address:

3190 Radio Rd.

P.O. Box 112662, University of Florida

Gainesville, FL 32611-2662

Phone: 352-392-1575

Web: www.counsel.ufl.edu

General Course Questions: There are two ways in which you can ask general questions of the instructors. If you have a general question related to an assignment, reading or other course material that may be relevant to other class members, you may post it under Course Questions on the Discussion Board. If your question is specific to your own work, progress, circumstances, grade, or is personal in nature, please email the instructors privately or use the Mail function in Canvas.

Grading Scale:

Percent

Grade

Grade Points

95-100	A	4.00
92-94	A-	3.67
88-91	B+	3.33
85-87	B	3.00
80-84	B-	2.67
77-79	C+	2.33
74-76	C	2.00
70-73	C-	1.67
66-69	D+	1.33
63-65	D	1.00
60-62	D-	0.67
0-59	E	0.00

More information on grades and grading policies is here:

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.asp>

Viewing Grades: Grades will be posted within Canvas within one week of the due date for each assignment.

Course Evaluation: Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at gatorevals.ua.ufl.edu/students/. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via ufl.bluera.com/ufl/. Summaries of course evaluation results are available to students at gatorevals.ua.ufl.edu/public-results/.

Technical Assistance: If you have difficulty accessing online course reading or materials, please reference the citation or document name and author in a Google Search to locate the document before contacting the instructor or the Help Desk.

If you have computer difficulties submitting assignments or navigating E-Learning, notify UF Computer Help Desk at helpdesk@ufl.edu, 352-392-4357 – select option 2, and/or <https://lss.at.ufl.edu/help.shtml>. Please include the case number provided to you by the UF Help Desk documenting your request for assistance.

Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will

document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

Library Help Desk: The help desk is available to assist students with access to all UF Libraries resources.

<https://guides.uflib.ufl.edu/distancelearners>

Netiquette: Communication Courtesy

All members of the class are expected to follow rules of common courtesy in all email messages, online discussions and chats.

Weekly Schedule:

Week 1 / Aug 26 **VIA ZOOM**

Module: Introduction to Visual Arts & Health

Activity: Introduction to the Course, Art Activity

***Note - this is our only class meeting scheduled on Zoom. This is an in-person course.**

Sept 2 *HOLIDAY*

Week 2 / Sept 9

Module: Overview of Visual Arts Movements & Practices

Activity: Introduction to Visual Arts Movements & Practices

Week 3 / Sept 16

Module: Literature & Research in the Field

Activity: Overview of Literature & Research in the Field

DUE: choose topic for Visual Arts in Public Health Presentation

Week 4 / Sept 23

Module: Visual Arts in Public Health

Activity: Visual Arts in Public Health Student Presentations

Week 5 / Sept 30

Module: Visual Arts Materials & Techniques in the Clinical Environment

Activity: Survey of Materials & Techniques for Bedside Practice

Week 6 / Oct 7

Module: Facilitating Visual Arts Workshops in the Healthcare Setting

Activity: Facilitating Visual Arts Workshops in the Healthcare Setting

Week 7 / Oct 14

Module: Visual Arts in Health with Younger Populations

Activity: Art Activities for Pediatrics/Youth Programming

Due: choose topic for Student-Led Art Facilitation

Week 8 / Oct 21

Module: Visual Arts & Health: A Global Perspective

Activity: Guest Speaker

Due: Research Paper Source Submission

Week 9 / Oct 28

Module: Student-Led Art Facilitation

Activity: Student-Led Art Facilitation

Due: Student-Led Art Facilitation

Week 10 / Nov 4

Module: Student-Led Art Facilitation

Activity: Student-Led Art Facilitation

Due (Optional): Draft for Literature Review

NOV 11: HOLIDAY

Week 11 / Nov 18

Module: Research Presentations on Visual Art Practices

Activity: Research Presentations

Due: Practice Presentation/Literature Review

Week 12 / Dec 2

Module: Art Activity Database Exchange

Activity: Database Exchange

Due: Art Activity Database Exchange

Due: Digital Portfolios