

## **HUM 3351: Visual Arts in Medicine (Class #21510, Section 11CE)**

Class time: Monday, Period 9-11 / 4:05-7:05pm / Location: [FLI 0117](#)

Instructor: Molly Kempson, Adjunct Faculty; E-mail: [mollykempson@ufl.edu](mailto:mollykempson@ufl.edu) (843) 834 3790

Office Hours: Monday, 7:05-8:05pm or by appointment

### **Description:**

This course explores the links between creativity and health, focusing on the many ways that visual arts practices can be used to support health and wellness in healthcare and community settings. It includes studio workshops, lecture/discussion, video viewing, readings/literature research, group project work, and hands-on experiences and instruction on facilitating art experiences with a wide variety of materials and processes. The course will differentiate studio practice in arts in health and art therapy. This course is appropriate for students of the arts and/or of health related fields who are interested in and comfortable with movement. Instructor approval is required for registration.

### **Objectives:**

1. Students will become acquainted with the ways in which the visual arts have been used historically to enhance health and healing as a context for the contemporary theory and practice of arts in healthcare. *Students will have access to this information through class lecture and discussion, group research, and consulting listed resources.*

2. Students will identify the basic knowledge and skills necessary to function as an artist in a healthcare or community setting, including gaining/strengthening/maintaining personal creative process; discovering ways to engage participants in their own creative processes; and use this knowledge and skills to facilitate art-making experiences with others. *Students will develop, facilitate, share, and engage in art activities during class time, contribute to a class-created art activity database, and develop a personal art portfolio.*

3. Students will become familiar with visual arts programs and practices designed to enhance health through direct observation and research. *Students will view films, read assigned literature, and will participate in class sessions and on-site observations.*

4. Students will develop critical research and thinking skills. *Students will evaluate literature in the field to develop a literature review and reflect and review feedback on student-facilitated art experiences in class.*

5. Students will illustrate effective communication in verbal and written form. *Students will participate in in-class discussions on readings, provide peer feedback on student-facilitated art experiences, provide verbal and written evaluations of case studies in the field, and develop an art database with clear steps for specific processes.*

## **Assignments and Evaluation:**

Total Points: 100

Practice Presentation and Literature Review – 20 points (20% of grade)

Visual Arts Facilitation – 30 points (30% of grade)

Art Activity Database - 10 points (10% of grade)

Covid-19 Arts Response Presentation - 10 points (10% of grade)

Portfolio/Art Exhibition – 10 points (10% of grade)

Participation (peer feedback, discussion, attendance) - 20 points (20% of grade)

## **Major Assignments:**

### **Participation (20 points):**

Participation will be assessed each class period. Students are expected to be on time, prepared, and engaged in class art activities and discussions.

### **Practice Presentation and Literature Review (20 points):**

You will research a contemporary practice or program of your choice related to visual arts and health after becoming familiar with existing literature and programs in the field. Students are encouraged to investigate programs that speak to their personal creative practices and/or populations of interest.

### **Visual Arts Facilitation (Group Project) (30 pts):**

With a partner, you will develop an art experience suitable for a group workshop and lead the class through it. The experience should demonstrate your skills as facilitators and include some kind of formative and summative self-assessment from participants. You will have one hour to facilitate your exercise, walking the class through set-up and clean-up procedures as well as introducing and leading the activity - time and media management should be demonstrated. Students are encouraged to develop an activity accessible to all skill levels that can be adapted for different environments and populations.

### **Covid-19 Arts Response Presentation (10 points):**

Each student will present one or two practices found in the Covid-19 Arts Response Repository to the class. Each presentation will be 10-15 minutes and can either be in PowerPoint form or a screen-shared walkthrough of the resource if it contains videos or is particularly image-heavy.

### **Art Activity Database (10 points):**

You will gather ideas for 5 visual arts activities appropriate for a group setting and

organize them into an “art menu” that outlines the following for each exercise: a) Brief description of the exercise; b) Space, resource, and material requirements; c) A wide range of sample images using the materials/processes introduced. At the end of the course, the class will combine these menus to create a database available to the whole course.

**Digital Portfolio (10 points):**

At the end of the semester, students will collect and title the work they have created (through the Visual Arts Facilitation presentations and in-class assignments) into a digital portfolio. Students will develop artist’s statements as well as skills in art curation through this process.

## **Course and University Policies and Resources:**

**Attendance:** *Attendance is mandatory.* This is a highly experiential course, and the only way you can acquire the information and gain the practical experience is to be present at the class or on-site session. There will be no way to make up work missed in class. Excused absences are consistent with university policies in the undergraduate catalog (<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>) and require appropriate documentation.

**Communication:** It is the student’s responsibility to contact an instructor promptly concerning any missed work, upcoming absences, clarification for assignments, etc. Please do not let any questions or concerns you have go unattended. I will respond to email inquiries within 48 hours.

**Zoom Etiquette, Suggestions, and Support:**

- To access class Zoom meetings, log into the course on Canvas, click “Zoom Conferences” in the left-hand menu of Canvas, then click on the corresponding class time to join.
- It is the student’s responsibility to contact their instructor promptly with any technical difficulties and join as soon as possible. If you are experiencing internet difficulties before class begins, contact your instructor to let them know.
- Be mindful of background noise. If you are not speaking, please mute your microphone.
- When possible, please keep your camera on. It helps you instructor see the progress of art activities, and facilitates more engaging discussion through the platform.
- If you have questions during a lecture, presentation, or art facilitation session, refrain from interrupting the speaker and instead raise a hand or use the chat feature. If you have a private question for the instructor, you may send a private message through Zoom’s chat feature.
- During discussions, please use Gallery view on Zoom so you can see all participants.
- UF Zoom support is available here: <https://video.ufl.edu/conferencing/zoom/>
- Zoom meetings for this course will be password-protected and require a waiting room. Please make sure to read the Zoom privacy information here: <https://zoom.us/privacy>

- Information on Zoom accessibility is available here: <https://zoom.us/accessibility>

- Our class sessions may be audio visually recorded for students in the class to refer back and for enrolled students who are unable to attend live. Students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded. If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded. If you are not willing to consent to have your voice recorded during class, you will need to keep your mute button activated and communicate exclusively using the "chat" feature, which allows students to type questions and comments live. The chat will not be recorded or shared. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.

**Spontaneity:** Due to the experiential nature of this course, the instructors retain the right to alter the syllabus as needed to accommodate class pace, interests, and/or special opportunities that may arise.

**Respect:** In order for all to have a positive experience in this course, we must all demonstrate respect for each other and the people involved in site observations. When possible, cameras should be turned on during Zoom meetings.

**Due Dates and Submission of Late Work:** Late work will only be accepted in the event of an excused absence or with prior permission from the instructor, and only within five days of the deadline. Requests for make-up tests, assignment presentations, or acceptance of late written assignments must be accompanied by documentation of extenuating circumstances.

**Students with Disabilities:** Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/>) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

**Office of Academic Support:** Tutoring, workshops and other activities are offered by the OAS. <https://oas.a.ufl.edu/>

**Academic Honesty:** UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic

misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor.

### **University Counseling Services**

Contact information:

Counseling Center

Address:

3190 Radio Rd.

P.O. Box 112662, University of Florida

Gainesville, FL 32611-2662

Phone: 352-392-1575

Web: [www.counsel.ufl.edu](http://www.counsel.ufl.edu)

**General Course Questions:** There are two ways in which you can ask general questions of the instructors. If you have a general question related to an assignment, reading or other course material that may be relevant to other class members, you may post it under Course Questions on the Discussion Board. If your question is specific to your own work, progress, circumstances, grade, or is personal in nature, please email the instructors privately or use the Mail function in Canvas.

### **Grading Scale:**

Percent	Grade	Grade Points
95-100	A	4.00
92-94	A-	3.67
88-91	B+	3.33
85-87	B	3.00
80-84	B-	2.67
77-79	C+	2.33
74-76	C	2.00
70-73	C-	1.67
66-69	D+	1.33
63-65	D	1.00
60-62	D-	0.67
0-59	E	0.00

More information on grades and grading policies is here:  
<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.asp>

**Viewing Grades:** Grades will be posted within Canvas within one week of the due date for each assignment.

**Course Evaluation:** Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at [gatorevals.aa.ufl.edu/students/](http://gatorevals.aa.ufl.edu/students/). Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via [ufl.bluera.com/ufl/](http://ufl.bluera.com/ufl/). Summaries of course evaluation results are available to students at [gatorevals.aa.ufl.edu/public-results/](http://gatorevals.aa.ufl.edu/public-results/).

**Technical Assistance:** If you have difficulty accessing online course reading or materials, please reference the citation or document name and author in a Google Search to locate the document before contacting the instructor or the Help Desk.

If you have computer difficulties submitting assignments or navigating E-Learning, notify UF Computer Help Desk at [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu), 352-392-4357 – select option 2, and/or <https://lss.at.ufl.edu/help.shtml>. Please include the case number provided to you by the UF Help Desk documenting your request for assistance.

Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

**Library Help Desk:** The help desk is available to assist students with access to all UF Libraries resources.

<https://guides.uflib.ufl.edu/distancelearners>

In response to COVID-19, the following practices are in place to maintain your learning environment, to enhance the safety of our in-classroom interactions, and to further the health and safety of ourselves, our neighbors, and our loved ones.

- If you are not vaccinated, get vaccinated. Vaccines are readily available at no cost and have been demonstrated to be safe and effective against the COVID-19 virus. Visit this link for details on where to get your shot, including options that do not require an appointment: <https://coronavirus.uflhealth.org/vaccinations/vaccine-availability/>. Students who receive the first dose of the vaccine somewhere off-campus and/or outside of Gainesville can still receive their second dose on campus.

- You are expected to wear approved face coverings at all times during class and within buildings even if you are vaccinated. Please continue to follow healthy habits, including best practices like frequent hand washing. Following these practices is our responsibility as Gators.
  - Sanitizing supplies are available in the classroom if you wish to wipe down your desks prior to sitting down and at the end of the class.
  - Hand sanitizing stations will be located in every classroom.
  
- If you are sick, stay home and self-quarantine. Please visit the [UF Health Screen, Test & Protect website](#) about next steps, retake the questionnaire and schedule your test for no sooner than 24 hours after your symptoms began. Please call your primary care provider if you are ill and need immediate care or the [UF Student Health Care Center at 352-392-1161](#) (or email [covid@shcc.ufl.edu](mailto:covid@shcc.ufl.edu)) to be evaluated for testing and to receive further instructions about returning to campus. UF Health Screen, Test & Protect offers guidance when you are sick, have been exposed to someone who has tested positive or have tested positive yourself. Visit the [UF Health Screen, Test & Protect website](#) for more information.
  - Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work.
  - If you are withheld from campus by the Department of Health through Screen, Test & Protect you are not permitted to use any on campus facilities. Students attempting to attend campus activities when withheld from campus will be referred to the Dean of Students Office.
  
- Continue to regularly visit [coronavirus.UFHealth.org](https://coronavirus.UFHealth.org) and [coronavirus.ufl.edu](https://coronavirus.ufl.edu) for up-to-date information about COVID-19 and vaccination.

### Netiquette: Communication Courtesy

All members of the class are expected to follow rules of common courtesy in all email messages, online discussions and chats.

### Recommended Texts:

- Barron, Frank; Montuori, Alfonso; Barron, Anthea. *Creators on Creating: Awakening and Cultivating the Imaginative Mind*
- Herbert, Geraldine; Deschner, Jane Waggoner; Glazer, Robin. *Artists-in-Residence: the Creative Center's Approach*
- Lambert, Patricia Dewey (Editor). *Managing Art Programs in Health*

NOTE: This list is TBD, many articles would be added to course reserves.

## **Weekly Schedule:**

### **Week 1 / Aug 29**

Module: Introduction to Visual Arts & Health

Activity: Introduction to the Course, Art Activity

### **Sept 5 \*HOLIDAY\***

### **Week 2 / Sept 12**

Module: Overview of Visual Arts Movements & Practices

Activity: Introduction to Visual Arts Movements & Practices

### **Week 4 / Sept 19**

Module: Literature & Research in the Field

Due: Choose Covid-19 Arts Response Topic

Activity: Overview of Literature & Research in the Field

### **Week 5 / Sept 26**

Module: Visual Arts in Health: Covid Response

Activity: Overview of Visual Arts in Health Responses to Covid-19

Due: Covid Response Presentations

### **Week 6 / Oct 3**

Module: Visual Arts Materials & Techniques in the Clinical Environment

Activity: Survey of Materials & Techniques for Bedside Practice

Check in: Complete check-in on Canvas

### **Week 7 / Oct 10**

Module: Engaging Patients in Art Activities at the Bedside

Activity: Engaging Patients in Art Activities at the Bedside

### **Week 8 / Oct 17**

Module: Visual Arts in Health with Younger Populations

Activity: Art Activities for Pediatrics/Youth Programming

### **Week 9 / Oct 24**

Module: Visual Arts & Health: A Global Perspective

Activity: Film/Guest Speaker

Due: Research Paper Source Submission

### **Week 10 / Oct 31**

Module: Facilitating Visual Arts Workshops in the Healthcare Setting

Activity: Facilitating Visual Arts Workshops in the Healthcare Setting



**Week 11 / Nov 7**

Module: Research Presentations on Visual Art Practices

Activity: Research Presentations

Due: Practice Presentation/Literature Review

**Week 12 / Nov 14**

Module: Research Presentations on Visual Art Practices Pt 2

Activity: Research Presentations

Check in: Complete check-in on Canvas

**Week 14 / Nov 21**

Module: Student-Led Art Facilitation

Activity: Student-Led Art Facilitation

**Week 15 / Nov 28**

Module: Student-Led Art Facilitation

Activity: Student-Led Art Facilitation

**Week 16 / Dec 5**

Module: Art Activity Database Exchange

Activity: Database Exchange

Due: Art Activity Database Exchange

Due: Digital Portfolios

Check in: Complete check-in on Canvas